



**Lea Green**

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## Parent Evening Information for Lea Green

Below we have outlined some areas to help you prepare your children for their visit to Lea Green. It is great if you can also run through the aims of the programme prior to coming and remind them that Lea Green is a place to have fun, push yourself and work together with your class mates to achieve great things.

### Activities and Daily Routine

- The activities which your group will participate in are shown on the course programme that you will receive prior to your visit. This also gives an outline of the daily routine with wake up, meal and activity times.

### Equipment

- We provide an equipment list which is part of the programme that you will receive prior to your visit. This covers what is needed during your stay. Please check the weather forecast and bring clothes appropriate to the weather conditions. Several layers of warm clothing in winter as well as hat and gloves. Lighter clothing in summer including sun hat and sun cream. Clothing that they do not mind getting wet or dirty.
- It is important to have enough shoes to cover both indoor and outdoor activities - wellingtons, and/or walking boots, outdoor/old trainers and indoor trainers. Lea Green does have some coats and wellingtons which children can use during their stay. Slippers need to have a hard sole and not be too bulky as they need to be able to move up/down stairs. We recommend that they use trainers as their indoor shoes.
- Warm layers are very important; they will not enjoy their time at Lea Green if they are cold.
- Bin bags for putting dirty clothes in during their stay.
- Please name items as we can get a lot of lost property and we would like to send them home with everything they came with!

### Tuck shop

- Change for the tuck shop – schools may want to set a limit on amount they can bring. This is only opened based on manners and behaviour during activities/mealtimes.

### Parents

- Lea Green has a policy of asking/hoping that children will not phone home during their stay. Contact with Lea Green should only be made in an emergency. We encourage the children to talk to their teachers about any worries or concerns that they might have while with us here at Lea Green.



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- Encourage them to try new things while they are away from home - activities and food.
- There are night lights in the hallways if the children need to use the toilet in the middle of the night.
- It is important that children do not bring items of value or electrical equipment such as hair dryers or hair straighteners. We also discourage children (especially primary) from bringing their mobile phones with them.
- Please let the children help to pack their own bags so that when they arrive at Lea Green they know what they have with them. Remember it is better to have too much than not enough – however they will have to take their bags upstairs to their bedroom!

## Accommodation

- Most of the accommodation is located in the Main house with the exception of the Cottage and Meadow Lodge, which are separate buildings close to the Main house.
- On arrival junior school children and above will be expected to make their own beds – duvet covers on duvets, pillow cases on pillows and a flat sheet tucked in to the mattress. Schools that are most successful with this process are the ones who tell parents that the children should practise at home! They generally work in small teams to complete each room.
- The bedrooms range in size from three beds to eleven beds per room. They all have shared toilets, and those in the main house have sinks in their rooms. Showers are close by and also in the sports hall changing rooms.
- We expect that the rooms will be kept in clean and tidy to allow access at all times. Visiting staff can play an important role in this by encourage the children to keep their rooms tidy.
- Staff bedrooms are located throughout the House, Cottage and Meadow Lodge near the children's bedrooms. The staff bedrooms are either singles or twins.

## Meal Times

- Lea Green has three meal times during the day - Breakfast, Lunch and Dinner. Lunch is packed.
- We have a family style service - serving the food out on the table, eating together with the teachers and Lea Green staff member. This allows the visiting staff to monitor what the children are eating and encourage good table manners.
- Special Diets – we do cater for special diets such as vegetarian, dairy free, wheat free, etc. we are informed of dietary requirements by the consent form prior to your visit.



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## Security

- All the doors entering the house have a coded system and the children and staff will receive the number for their stay on arrival.
- On each occasion when the grounds are being used, the resident group is briefed on safety, particularly an awareness of vehicles arriving and departing the centre.

These are just a few areas that are important to cover. If anything arises during the Parents Meeting, please feel free to contact us.